

A MESSAGE FROM THE PRESIDENT



Sisters and Brothers,

As spring comes to an end and summer starts knocking down the door, be mindful of all your working situations. Summer is obviously the busy time of year for anyone within our Local. Some would say, "It's time to make hay." With that in mind and knowing work loads will be increasing for all of us, it's not time to cut corners to save time. It's now the time to take in account all the safety measures that our respective companies or contractors have put in place.

Whether you work for a contractor or power utility, each has their own respective safety policies and procedures to keep each one of safe and healthy. These haven't been created to make your jobs harder, they've been created to the fact that members before us have either been killed or hurt badly enough to create a rule to avoid another injury of death to occur again.

I won't get too deep on the details of this subject of safety, because we all know what needs to be followed to make sure we all get home to our loved ones. In my short time representing you as President of the Local, I have had to listen to many injury reports. In those reports there's always been one key thing in each and every one, no matter if the event was minor or very serious and that is something was missed in the field. Unseen or unknown factors, like customer tarps laying under snow or the fact that a tool we use every day could be worn to the point of failure, are contributing to injuries. Take the time to assess your surroundings and your equipment, if you're in situations where you need to work in areas with traffic, have cones and or traffic control barriers in place to secure the area.

To each and every one of you, I wish you all a great and safe summer. Make time to enjoy your families and loved ones, time goes by way to quickly not to.

In Solidarity,

Kevin J. Kaeter
Executive Board President

A MESSAGE FROM THE EXECUTIVE BOARD



The grass is finally green and there is a lot going on at the Local 160! It is very exciting to see the new 160 Union Hall progress and we are excited to get moved in later this Summer! Our Local 160 is made up of a lot of family members which is wonderful to see. My father was a member for 40 years and was my inspiration for joining. I

always enjoyed all of his stories about the camaraderie between bothers and sisters in the trade. My dad was proud of the teamwork that took place, with everyone working hard to finish a days work, then leaving with a nice paycheck and smiles on their faces. A lot of family and friends have asked about how to become part of the Local 160—so I share information with them on how to sign the books. Many have joined over the years, making the 160 stronger. There is great opportunity within this trade for on-the-job training, consistent work, great benefits and good pay. If you enjoy the life that you were able to build, I ask that you help pass on the good word to your family and friends!

Thank you for great work you all do be your brothers keeper.

In Solidarity,

Scott E. Knight
Executive Board Member

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IBEW
MINNEAPOLIS, MN
LOCAL 160

UPDATES FROM THE HALL

MOBILE APP / ONLINE DUES PAYMENTS

IBEW 160 has a mobile app and online link to make dues payments for **outside power members (Mo Valley) and tree trimmers.**

In addition to these new payment options, you may still call with credit card information, send a check or use ACH (if you are enrolled).

Information on how to download and set up the mobile app is below.

The ONLINE PAYMENT tool can be accessed through our website (ibew160.org) under the RESOURCES tab.

To login to the ONLINE PAYMENT tool, click on the RESOURCES tab at ibew160.org

- Your Username is your Card Number
- Your Initial Password is your Last name and the last four digits of your SSN
- You will be required to change your password on your first login.

If you have any questions, please feel free to call!

Stacy Helget
Office Manager
(612) 781-3126



DO WE HAVE YOUR CORRECT CONTACT INFO?

We now have the capability to send out bulk emails & texts to reminder members of meetings, contract votes, explanation meetings, etc. Please be sure that we have your current email address and phone number on file! Updates may be made via the mobile app, at ibew160.org/forms or by calling into the union hall.

UPDATE ON THE NEW 160 HALL

The renovations on the new IBEW Local 160 Union Hall are coming along as scheduled and the tentative move-in date is July 10th.



REPS CELL PHONE #'s

Kurt Zimmerman (612) 991-0022
Eric Spielmann (612) 512-8018
Mike Ringstad (763) 355-7283
Nick Steckelberg (612) 655-5210
Darrin Helget (763) 276-8908
Justin Arbach (763) 213-3536
Mike Enerson (612) 368-6299
Joshua Laven (612) 258-8617
Crystal Gregory (612) 258-5833

MINNEAPOLIS

Tel (612) 781-3126
Fax (612) 781-4225

GRAND RAPIDS

Tel (218) 326-0533
Fax (218) 326-0534

WEBSITE

www.ibew160.org

EMAIL

160@ibew160.org

FOLLOW IBEW 160 FOR THE LATEST UPDATES!



@IBEWLOCAL160



IBEW-160

VIEW PREVIOUS NEWSLETTERS AT IBEW160.ORG



Suicide Prevention

5 Things You Should Know

Suicide is a leading cause of death among workingage adults in the United States. It deeply impacts workers, families, and communities. Fortunately, like other workplace fatalities, suicides can be prevented. Below are 5 things to know about preventing suicide.

1

BE AWARE

Everyone can help prevent suicide.

Mental health and suicide can be difficult to talk about—especially with work colleagues—but your actions can make a difference. When you work closely with others, you may sense when something is wrong.



2

PAY ATTENTION

Know the warning signs of suicide.

There is no single cause for suicide but there are warning signs. Changes in behavior, mood, or even what they say may signal someone is at risk. Take these signs seriously. It could save a life.



3

REACH OUT

Ask "Are you okay?"

If you are concerned about a coworker, talk with them privately, and listen without judgment. Encourage them to reach out to your Employee Assistance Program (EAP), the human resources (HR) department, or a mental health professional.



4

TAKE ACTION

If someone is in crisis, stay with them and get help.

If you believe a coworker is at immediate risk of suicide, stay with them until you can get further help. Contact emergency services or the National Suicide Prevention Lifeline.



5

LEARN MORE

Suicide prevention resources are available.

- Call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255), or text "TALK" to 741741.
- Visit the American Foundation for Suicide Prevention (www.afsp.org) to learn more about suicide risk factors, warning signs, and what you can do to help prevent suicide.



OSHA® Occupational
Safety and Health
Administration

1-800-321-OSHA (6742)

TTY 1-877-889-5627

osha.gov/preventingsuicides





MO VALLEY JATC NEWS & UPDATES

BY THE NUMBERS:

- 750 Line Apprentices (98 are Local 160 hands) **21 Apprentices out of work due to material shortages*
- 47 Substation Apprentices (4 are Local 160 hands)
- 13 Operator Apprentices (1 is a Local 160 hand)
- 13 URD Technicians
- 3 Cable Splicing Technicians

For a grand total of 826 Apprentices and Trainees.

NEWS:

Recently there have been several people who have had personal tools and climbing gear stolen from locked company equipment. It's always a good idea to take picture of your personal tools for inventory. Make sure to check with your contractor, if you are bringing in more tooling than the required to list to work, that they will cover your items if they are stolen from a secured show up or company truck. Get pictures of any serial numbers that are on your tools as well. If they are stolen and later recovered by the police, you usually will not get them back unless you can prove they are yours by being able to identify the serial numbers.

Make sure to treat the provided employer tools and equipment with as much respect as your own. If your employer is providing all of the tooling you are asking for, do a good job of keeping track of, maintaining and securing those tools. Think about it, how many times would you want to replace something of your kids, if it is damaged or lost due to abuse or negligence?

SAFETY:

Summer is coming up quickly. With that a couple of things to keep in mind. The first is to be aware of your surroundings and watch out for children. Schools will be letting out soon, if not already, so be sure to do a walk around before moving any equipment or vehicles. Kids may not think twice about crawling under a large truck to get a ball or toy back.

The second is a reminder to stay hydrated. The summer heat can creep up on someone in a hurry. Especially if you are wearing rubber gloves and sleeves at work. As always, refer back to your first aid training. Here is a quick reminder that heat stroke is worse than heat exhaustion. If someone on the right of way ever stop's sweating, while in working conditions it's unlikely to stop sweating, you need to call 911 right away.

In solidarity,

Dave Audette
160 Journeyman Lineman
Instructor @ Mo Valley JATC
(651)238-3823
Daudette@movalleyjatc.org



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160

WELCOME NEW 160 MEMBERS!

CHARLES ADAMICH
BRENDEN ALLEN
LUKE ALLEN
ERIC ANDERSON
STEVEN ANDERSON
ERASTUS ANTSINO
KEEVIN AZUA-MIRANDA
ALEC BAINVILLE
CLAYTON BAKER
KENDALL BARBER
LUIS GILBERTO BARRIENTOS LUNA
DRU BARROW
DYLAN BETTSCHEN
JOSHUA BISKEY
JASON BLAIR
ALEK BOWERS
JACOB BURSKI
CODY BUSCH
PAUL BYL
TIERNAN BYRNE
JARED CARTER
JOEL CHARLSON
MICHAEL CLAYTON
TIMOTHY CONNER
EASTON DALE
ANDREW DARDIS
TRAVIS DEDOMINES
RYAN DENEWETH
BRANDON DEWALD
TIMOTHY DEWEY
TANISHA DINGMANN
ASHLEY EGAN
MICHAEL EGAN
GAVIN EIFERT
TANNER ELLIS
RYAN ELSNPETER
BRIAN EMEOTT
BRANDON ENBERG
JOEL ESALA

AUSTIN ESPERUM
BRADLEY ESPINOZA
COLIN FIELDS
ARMANDO FLORES
LUKE FLYNN
RYAN FOATE
EMMANUEL FORD
CHASE FRASCHT
ANDREW GARIN
ALLISON GEERDES
STEVEN GLAESMAN
NOE GOMEZ
JALEAL GRAY
TREYTEN GREEN
JOSHUA GREGERSON
RYAN GRIKE
JOSHUA HAIDER
TRAVIS HAMACHER
NICHOLAS HARPER
THOMAS HASMAN
JESSE HAUGLAND
ALEXANDER HEETLAND
CODY HEMMELGARN
KEGAN HIGGINS
DYLAN HILL
GARRETT HIPPLE
KERRI HOLMQUIST
MASON HORSTMANN
BENJAMIN HUBER
KYLE HUHTA
PEYTON JASKEN
WYATT JOHNSON
RYAN KAPFER
OWEN KELM
JOSEPH KIRSCHENMAN
ZACHARY KLICKA
RICHARD KOTHENBEUTEL
MORGAN KUEPERS
RYAN KUEPERS

BRANDON LECHEVALIER
MICHAEL LOCHEN
JONATHON LONNQUIT
TIMOTHY MAALIS
BETH MARTIN
TREVER MCDONALD
MICHELE MCMONIGAL
MATTHEW MCROBERTS
ROBERT MCSHANE
TRAVIS MEYER
KYLE MILLARD
SHEA MOLLENHAUER
JAMIE MONETTE
CHRIS MORRISSETTE
EARL MUONIO
JACK NESS
CHRISTOPHER NUTTING
JESTIN OLSON
JOSHUA OLSON
SHAWN ORPEN
AUSTIN ORTH
JORDAN PANBURG
YANIK PENKERT
KYLE PETERMEIER
JOSEPH PUMPER
PYRCE REGELMAN
EASTON REUVERS
JOSEPH RILEY
ERIK RIVERA
WILLIAM ROBISON
NORAH RODGERS
ROLANDO ROMERO-SOSA
ALEX SCHLICHTING
JERAD SCHLICHTING
ERIC SCHMIDT
MAVERICK SCHMITT
KEANNA SCHNEIDER
CASE SHARP
ZACHARY SIMMONS

LAURA SKIBA
MICHAEL STOLTZ
JUSTIN SWANSON
JOSHUA TRAN
WILLIAM TRISCO
TALIN TUCHTENHAGEN
DONALD UTZ
JOHN VAILLANCOURT
BRANDEN VILLENEUVE
JEREMIAH WEST
MATTHEW WILLIAMS
MESHACH WILLIAMS
ZACHARY WILLIAMS
DEREK WILSON
KYLE WOLTERS
HUNTER WRIGHT
TANNER WRIGHT
GRANT YAGER
KONG YANG
KEVIN ZADNIK
AARON ZANDER
STEVEN ZINNIEL



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160

TOTAL MEMBER COUNT 3,430

**CONGRATULATIONS TO THE
FOLLOWING BROTHERS & SISTERS
ON THEIR RETIREMENT:**

JAMES APPLIEDORN - MO VALLEY
ELIZABETH BAGNIEWSKI - XCEL ENERGY
WAYNE CRANDALL - MO VALLEY
CHRISTOPHER EVERSON - CONEXUS
BENNETT GILLILAND - MO VALLEY
MICHAEL GUNDERZIK - XCEL ENERGY
CHRIS LEHN - GREAT RIVER ENERGY
MARK LINDBERG - MO VALLEY
LAWRENCE MOORE - KANDIYOHI
DAN NELSON - XCEL ENERGY
JOHN PLOOF - XCEL ENERGY
ROBERT ROGALLA - EAST CENTRAL ENERGY
RALPH SKOGLUND - GREAT RIVER ENERGY
STEVEN VOLEK - MN VALLEY COOP

Thinking of you

**WELL WISHES WERE SENT TO
THE FOLLOWING MEMBERS:**

JAMES BULLIS - MO VALLEY
TODD DEAN - XCEL ENERGY
CHAD GORNIK - XCEL ENERGY
REX POTTER - MO VALLEY



**SUBMIT YOUR EVENT NAME
IDEA TO I60@IBEW160.ORG BY JULY 10!**
WE WILL VOTE ON THE FIRST 25 ENTRIES AND THE WINNER WILL
RECEIVE A HOODIE SWEATSHIRT! PLEASE PROVIDE YOUR NAME AND
PHONE NUMBER WHEN YOU MAKE AN ENTRY!

SAVE
the date!

THURS • SEPT 28 • 11AM-5PM
IBEW LOCAL 160 UNION HALL, 13220 CO RD 6, PLYMOUTH, MN

FOOD TRUCKS • FRIENDS • FUN

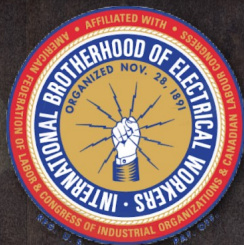
BBQ, TACOS, BURGERS, ICE CREAM & DONUTS!



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NEWSLETTER

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Kurt W. Zimmerman - Business Mgr./Financial Secretary
Kevin J. Kaeter - President
James A. Anderson - Vice President
Jeffery R. Polson - Recording Secretary
Travis J. Sullivan - Treasurer

EXECUTIVE BOARD

Kenneth R. Conrad
Clayton E. Kaeter
Scott E. Knight
Randal L. Nass
Keith A. Burandt

OFFICE STAFF

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Michael J. Ringstad - Business Representative
Nicholas J. Steckelberg - Business Representative
Darrin L. Helget - Business Representative
Justin M. Arbach - Business Representative
Mike K. Enerson - Business Representative
Joshua S. Laven - Business Representative
Crystal A. Rourke - Membership Development
Stacy L. Helget - Office Manager
Anna J. Wilson - Bookkeeper
Mackenzie A. Schuhmacher - Referral/Receptionist